

# AU PAIR EXPERIENCE IN THE USA

The Au Pair program is an educational and cultural exchange program with a childcare component suited to university students or school leavers.

The Au pair program sends you to the United States to provide no more than 10 hours per day or more than 45 hours per week of childcare for your host family while pursuing educational credits. No childcare experience is required.

The prospective candidates are young adults who love working with children and are courageous enough to want to live in a new environment whilst living and working in a welcoming and loving family.

In exchange for taking care of their children, the host families provide the au pairs a private room in a safe home, meals, an allowance per week and the tuition fees for an educational/cultural course.

Au pairs may be given the responsibility of infant care (minimum three months and older) from bathing, dressing to feeding and changing nappies. They will be responsible for entertaining and instructing pre-schoolers, reading, playing games and taking them for walks and outings to the park. They may also assist with grocery shopping or even prepare a family meal. Although heavy housework is not permitted, au pairs may share in a few routine family chores and light housework such as making the kids beds and helping them straighten their rooms.

The working week structure for an au pair is something that will be discussed and agreed upon before the commencement of the role. The Au Pair must not be left with the total childcare responsibilities for extended periods of time, overnights or for more than 10 hours per day.

Once our office receives an expression of interest for the Au Pair program, we create a profile for the participant, and we will look for a compatible family. The family will interview the participant by phone or video call, and once they confirm the placement, we will start working on the visa and other procedures for the program.

When the Au Pair arrives in America, they will attend a 5-day workshop in New York City, where they will receive a minimum 24 hours of basic child development instruction and 8 hours of child safety instruction prior to arriving at the host family's home. These workshops sessions include common safety hazards and injury prevention, as well as basic first aid for childhood injuries, how to engage children in age appropriate activities.

During the program, the au pairs will have support from local area staff, and they will be engaged in periodic get togethers and cultural events. This can be a great opportunity for the participant to socialise with peers while they learn about life in America.

Have you got some experience in childcare? We have another program especially for you, our Au Pair par Experience - This program is offered to candidates with at least two years of full-time childcare experience or are certificate by a childcare provider, or hold a kindergarten or elementary school teaching degree. You need to be between 20 - 26 years of age upon arrival. This program offers more pocket money per week than the regular Au Pair program.



## PROGRAM INFO

Experience	Travel Dates	Cost (From AUD) Au Pair Program	Cost (From AUD) Au Pair Par Experience
Without infant care experience	Sept 2022 - January 2023 / June - August 2022	\$1550	\$1625
With infant care experience	Sept 2022 - January 2023 / June - August 2022	\$1700	\$1770
Without infant care experience	February - May 2023	\$1770	\$1845
With infant care experience	February - May 2023	\$1920	\$1990
Au Pairs extension for 6 months	NA	\$670	\$670
Au Pairs extension for 9 months	NA	\$780	\$780
Au Pairs extension for 12 months	NA	\$890	\$890

### General Application requirements

- Be between 18 and 26 years of age on arrival in America
- High school graduate or higher
- Speak English
- Have a valid driver's license
- Have a criminal background check
- Have insurance
- Hold a J-1 visa
- Be in good physical and mental health
- Have a willingness to share language and culture with an American family
- Be energetic, conscientious and enthusiastic
- Be eager to learn about America while participating in daily life as part of loving American family

### Important Information

- Includes: International flights, five day workshop, accommodation with host family, meals, cultural and educational enrichment program, visa, insurance and USA criminal checks
- Excludes: Personal expenses, Australian police check
- Application: Year-round but a minimum of three months before desired departure (due to visa application and other documents to be issued)
- Cultural and educational enrichment. Enrol and complete academic coursework relating to study of American culture, values, history, geology, politics or the arts. Host families will pay for the fees. Applicant must complete six credit hours of coursework each year of program.